SCHOOL ORDER MENU

|  |  |
| --- | --- |
| STUDENT NAME | |
| TEACHER NAME | |
| HOMEROOM | ROOM # |

**Here at Booster Juice we are all about eating right, while living an active lifestyle!**

**Our Booster Juice Day menu is handcrafted to keep students at their best throughout the day.**

SMOOTHIES

|  |  |  |  |
| --- | --- | --- | --- |
| **$6.25 EACH** | October 3rd | November 7th | December 4th |
| STRAWBERRY SUNSHINE  Strawberries, Bananas, Passion Fruit, Guava, Yogurt | **$6.25** | **$6.25** | **$6.25** |
| MANGO HURRICANE  Mangos, Strawberries, Passion Fruit, Guava, Yogurt | **$6.25** | **$6.25** | **$6.25** |
| TROPICAL TORNADO  Pineapples, Mangos, Bananas, Strawberries, Yogurt | **$6.25** | **$6.25** | **$6.25** |
| PIRATES NECTAR  Pineapples, Mangos, Pomegranate, Yogurt | **$6.25** | **$6.25** | **$6.25** |
| VERY BERRY  Cranberries, Strawberries, Blueberries, Raspberries, Yogurt | **$6.25** | **$6.25** | **$6.25** |

All smoothies available to be made dairy free.

|  |  |
| --- | --- |
| RETURN FORM BY: **September 30th 2025** | **School Cash Online (INSTRUCTIONS ATTACHED)**  **CHEQUE (MAKE PAYABLE TO)**  Bells Corners Public School  **CASH (EXACT CHANGE ONLY)** |
| BOOSTER JUICE DAY WILL BE: |
| TOTAL: $ |

NUTRITIONAL FACTS

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Serving Size 355ml** | **STRAWBERRY SUNSHINE** | **MANGO**  **HURRICANE** | **TROPICAL**  **TORNADO** | **PIRATE’S**  **NECTAR** | **VERY**  **BERRY** |
| **Calories** | 210 | 180 | 220 | 210 | 200 |
| **Fat** | 0.5g | 0.5g | 0.5g | 0.5g | 0.5g |
| **Saturated** | 0.2g | 0.2g | 0.25g | 0.2g | 0.2g |
| **Trans** | 0g | 0g | 0g | 0g | 0g |
| **Cholesterol** | 0g | 0g | 0g | 0g | 0g |
| **Sodium** | 25g | 25g | 25g | 22g | 25g |
| **Potassium** | 350mg | 250mg | 350mg | 250mg | 175mg |
| **Carbohydrates** | 48g | 42g | 52g | 50g | 44g |
| **Fibre** | 2g | 1g | 1g | 2g | 3g |
| **Sugars** | 38g | 36g | 41g | 43g | 37g |
| **Protein** | 2g | 2g | 2g | 2g | 2g |
| **Vitamin C** | 21mg | 25mg | 25mg | 14mg | 25mg |
| **Calcium** | 75mg | 75mg | 75mg | 75mg | 175mg |